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# Best Practices for Successful Reentry for People with an Opioid Addiction

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# Speakers

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## Overview

- Introductions
- The Opioid Epidemic
- Overview of Best Practices for Reentry for People with an Opioid Addiction
- Questions and Answers



## **Bureau of Justice Assistance**

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Bureau of Justice Assistance U.S. Department of Justice





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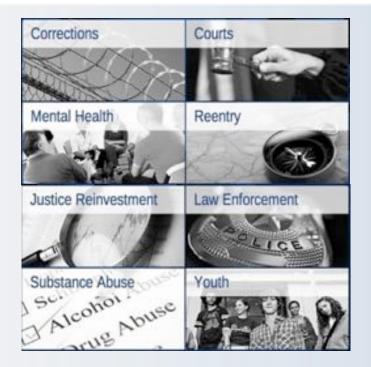
THE COUNCIL OF STATE GOVERNMENTS

National **nonprofit**, **nonpartisan** membership association of state government officials

Represents **all three** branches of state government

Provides **practical** advice informed by **the best available evidence** 







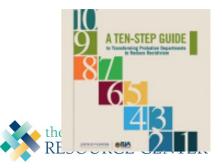
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Justice Reinvestment in Idaho: Analyses & Policy Framework





REENTRY and STRATEGIES

States Trained in Using the Curriculum

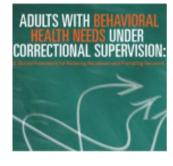




PLANNING AND ASSESSING. A LAW ESPORCEMENT REENTRY STRATEGY







Reentry Matters:	Strategies and Successes of Second Chance Act Grantees Acress the United States

# National Reentry Resource



- Authorized by the passage of the Second Chance Act in April 2008
- Launched by the Council of State Governments in October 2009
- Administered in partnership with the Bureau of Justice Assistance, U.S. Department of Justice
- The NRRC has provided technical assistance to over 600 juvenile and adult reentry grantees since inception







Topics

Resources

Second Chance Act Grant Program

In the News

### the NATIONAL REENTRY RESOURCE CENTER

#### Do You Need Reentry Services?

#### RECENT POSTS

Iowa's Statewide Recidivism Reduction Strategy: Highlights and Progress Area 28, 2018

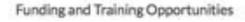
Second Chance Act Grantees Use a Continuous Quality Improvement Approach in Corrections and Community Supervision

June 28, 2018

Reentry Essentials: Reducing Recidivism and Improving Other Outcomes for Youth and Young Adults June 18, 2018



FEATURED



Visit the Funding and Training Opportunities page to see a list of open solicitations, including those for Second Chance Act (SCA) and Justice and Mental Health Collaboration Program (JMHCP) grants. SCA funding supports state, local, and tribal governments and nonprofit organizations in their work to reduce recidivism and improve outcomes for people neturning from state and federal prisons, local (alls, and )uversile facilities. JMHCP funding heips states, local government, and tribal organizations improve their responses to people with mental disorders who are



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### THE OPIOID EPIDEMIC BY THE NUMBERS

IN 2016...



116 People died every day from opioid-related drug overdoses



11.5 m People misused prescription opioids<sup>1</sup>



42,249 People died from overdasing on opioids\*



2.1 million People had an opioid use disorder



948,000 People used heroit



170,000 People used heroin for the first time'



2.1 million People misused prescription opioids for the first time\*



19,413 Deaths attributed to overdosing on synthetic opioids other than methadone<sup>1</sup>



15,469 Deaths attributed to overdosing on heroin?



504 billion

In economic costs<sup>2</sup>

overdosing on commonly prescribed opioids<sup>2</sup>

Deaths attributed to



Searces: 1 2016 National Survey on Drug Use and Health, # Mortality in the United States, 2016 NCHS Data Brief No. 293, December 2017, # CEA Report: The underestimated cost of the opioid crisis, 2017

# The Opioid Epidemic

Nearly **80%** of heroin users reported misusing prescription opioids prior to heroin.

More than **9 in 10** people who used heroin also used at least one other drug.

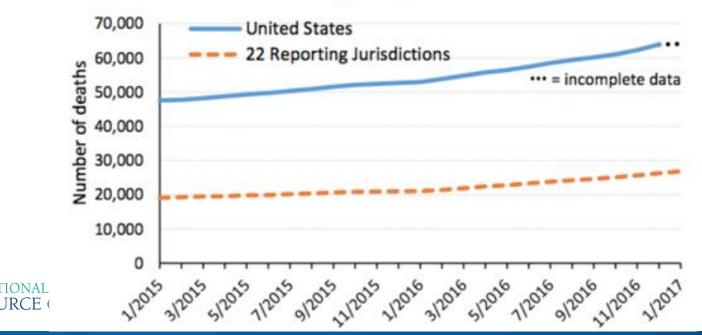
**45%** of people who used heroin were also addicted to prescription opioid painkillers.



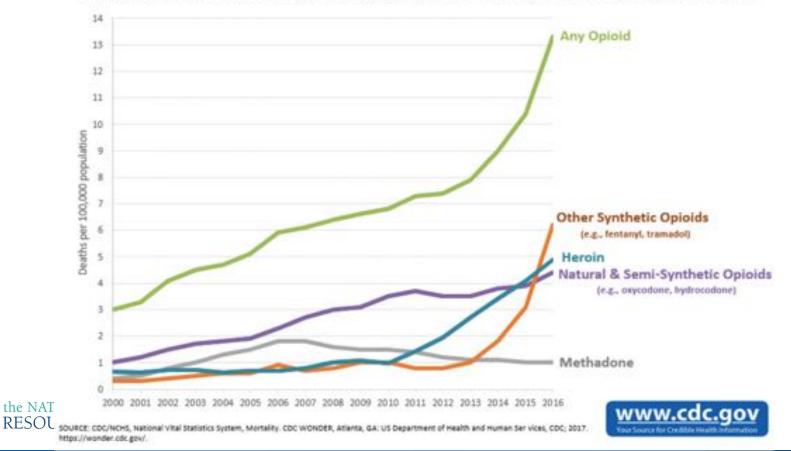
Today's Heroin Epidemic. The Center for Disease Control. Retrieved from: <u>https://www.cdc.gov/vitalsigns/heroin/index.html</u> ER

### Provisional Counts Of Drug Overdose Deaths, as of 8/6/2017

#### 12 Month-Ending Drug Overdose Deaths



PROVISIONAL COUNTS OF DRUG OVERDOSE DEATHS, as of 8/6/2017. The Center for Disease Control. Retrieved from:



#### Overdose Deaths Involving Opioids, by Type of Opioid, United States, 2000-2016

# The Opioid Epidemic and Women

- In just one decade, deaths from prescription pain killers (opioids) rose by more than 400% among women. (CDC, 2013)
- Every 3 minutes, a woman goes to the emergency room for prescription painkiller misuse. (CDC, 2013)
- The number of drug overdose deaths has never been higher, and the majority of these deaths (more than 6 out of 10 in 2014) involved opioids. (CDC, 2015d)
- At least half of opioid deaths involve a prescription opioid. When pregnant women use opiates, the fetus can also become dependent on them. (CDC, 2016d)

**ENTER** Substance Use, and Substance Use Disorders (SUDs), 2017.

# The Opioid Epidemic and the Criminal Justice System

State prisoners and sentenced jail inmates who used drugs at time of offense, by drug type, 2007–2009

Type of drug	State prisoners	Sentenced jail inmates
Any drug <sup>a</sup>	42.0%	37.2%
Marijuana/hashish	22.4	18.9
Cocaine/crack	15.8	13.3
Heroin/opiates	6.8	79
Depressants <sup>b</sup>	5.0	5.9
Stimulants <sup>c</sup>	10.8	8.0
Methamphetamine	9.7	7,3
Hallucinogens <sup>d</sup>	4.9	4.2
Inhalants	0.5	0.5



# The Opioid Epidemic and the Criminal Justice System

- In Washington state, opioids were detected in nearly 15 percent of all deaths over a 10-year period among those released. Within the first two weeks after release, the risk of death was 129 times that of other state residents. (Binswanger et al 2013; Binswanger et al 2007)
- In Connecticut, 52 percent of people who died from a drug overdose in 2016 had at some point been incarcerated in jail or prison. (Maurerr 2018)



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# Reentry Best Practices

- Planning and Coordination
- Behavioral Health Treatment and Cognitive Interventions
- Probation and Parole
- Recovery Support Services, Housing, and Other Supports in the Community



# Planning and Coordination

- Screening for an opioid addiction
- Withdrawal management processes
- Assessment of people who have screened positive for an opioid addiction



# Planning and Coordination

- <u>Collaborative comprehensive case plan for</u> <u>reentry</u>
- In-reach by community-based behavioral health treatment provider and community supervision into the correctional facility
- Relapse prevention plan developed prior to release from the correctional facility
   the NATIONAL REENTRY RESOURCE CENTER

# Planning and Coordination

- Distribution of materials on overdose prevention, including distribution of naloxone when possible
- Sharing of information from the drug screen, assessment, and treatment updates



Behavioral Health Treatment and Cognitive Interventions

- Access to medication-assisted treatment
- Individual and group counseling
- Cognitive behavioral interventions in the correctional facility to address criminogenic risk and need factors
- Ensuring continuity of treatment from
  Corrections to the community, including MAT, when possible

# **Probation and Parole**

- Training for all probation and parole officers on opioid addiction
- Specialized probation and parole caseloads for people with co-occurring substance addiction and mental illnesses disorders, including opioid addiction caseloads when possible



Housing and Other Support Services, Housing and Other Supports in the Community • Recovery support services

- Safe and stable housing established in the community
- Rapid response teams (RRT)
- Use of peer recovery support to assist with the reentry process



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### Resources

- <u>The SAMSHA Opioid Treatment Program Directory</u>
- <u>The American Society of Addiction Medicine Physician</u> <u>Finder</u>
- <u>The SAMHSA Buprenorphine Treatment Physician Locator</u>
- SAMHSA TIP 63: Medications for Opioid Use Disorders
- <u>The ASAM National Practice Guidelines for the Use of</u> <u>Medications in the Treatment of Addiction Involving Opioid</u> <u>Use</u>
- Opioid Addiction Screening and Assessment for People in the Criminal Justice System



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